

Join us for a Free Parenting Potentials Zoom Workshop

Sarah D. Bilancia, Ph.D. and Jill L. Saxon, Ph.D., BCBA-D
will discuss responding to your child's
big feelings, worries, and anxiety-related behaviors

Learn about:

- how kids' big feelings can pull parents to get stuck right with them
- how parents can be the agents of change for helping kids with anxiety, worries and fears
- the power of noticing what we are paying attention to
- upcoming workshops being offered to support parents whose children experience big feelings and anxiety



Date: Wednesday, February 7th

Time: 7:30 - 8:30pm

Via Zoom-no charge

To receive Zoom link please email
dluft.pedpotentialsnj@gmail.com